



## THE INDEPENDENCE SADDLE

In the wake of more than four years of intense research and development, **The Independence™** saddle offers more freedom for the rider than any other available technology. Endorsed by MOVE International®, an organization dedicated to helping children and adults with disabilities our saddle provides great potential to improve the quality of life for people with special needs and their families.

The Independence saddle is an Australian saddle which features a prompt reduction technology that gradually allows more independent sitting on horseback. The prompts include a backrest, headrest, side arms, forearm supports, as well as hand grips, all of which are adjustable and removable.



## THERAPUETIC BENEFITS

**The Independence** saddle is designed for people with severe disabilities based on the MOVE (Mobility Opportunities Via Education) principles and concepts:

- positions the rider allowing them to become more independent and to interact more easily with the horse
- increases the rider's dignity by allowing freedom from the assistance of a back rider
- helps sidewalkers to better manage the rider
- helps improve bone and joint health of the rider through increased muscle strength.

Visit MOVE International at [www.move-international.org](http://www.move-international.org) online.



## DYLAN'S STORY

**Dylan**, who is severely multiply impaired, was invited to participate in a local county fair. By using The Independence saddle he could take part in the fair, sit independently, and compete with a number of other students. His family shared his incredible pride at the end of the competition as Dylan received a ribbon and trophy for his outstanding achievement among other students who rode in the same class.

For more stories, visit our web site at [www.independentstrides.com](http://www.independentstrides.com)

“There's a mysterious interaction that lies between the horse and the rider.”

● Karen Szymas Orr

“It was like he was meant to ride. He could finally do something he loved—by himself.”

● Rebecca Knizewski

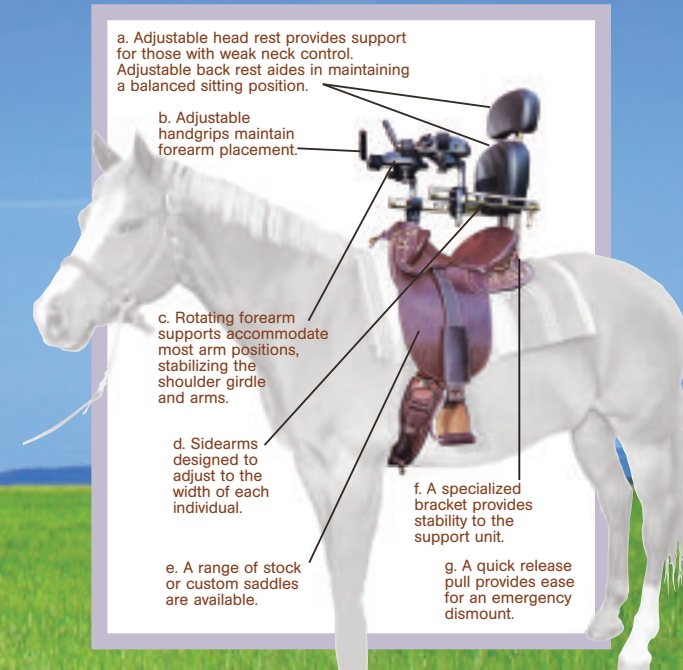


## CONTACT US

**As a Class 1 medical device**, The Independence saddle provides physical, occupation, and psychological therapeutic opportunities. The saddle offers each rider an immeasurable sense of success and self-fulfillment, maximizing their quality of life.

Contact us today for a free DVD.

**Independent Strides**  
509 Franklin Avenue  
PO Box 768  
Grand Haven, MI 49417  
Phone: 616 850 0338  
[info@independentstrides.com](mailto:info@independentstrides.com)  
[www.independentstrides.com](http://www.independentstrides.com)



a. Adjustable head rest provides support for those with weak neck control. Adjustable back rest aides in maintaining a balanced sitting position.

b. Adjustable handgrips maintain forearm placement.

c. Rotating forearm supports accommodate most arm positions, stabilizing the shoulder girdle and arms.

d. Sidearms designed to adjust to the width of each individual.

e. A range of stock or custom saddles are available.

f. A specialized bracket provides stability to the support unit.

g. A quick release pull provides ease for an emergency dismount.

A HORSE.

The future of horseback riding for those with physical challenges is no longer limited. **The Independence saddle** provides freedom and eliminates barriers that these individuals experience. The rider is more capable of participating in recreational or therapeutic horseback riding activities. Find out more >>>



**The Independence** saddle is only available through Independent Strides of Grand Haven, Michigan. If you are...

- an individual who currently needs physical assistance while riding, yet desire to do so independently
- a parent of a child who would benefit from this adaptive technology
- a provider of equine-oriented activities
- an owner of a therapeutic horsemanship facility
- a school district serving students with multiple physical impairments

...then Independent Strides can partner with you in making freedom a reality. Contact us today for additional information.

## INDEPENDENT STRIDES

THE INDEPENDENCE SADDLE

**Independent Strides**  
509 Franklin Avenue  
PO Box 768  
Grand Haven, MI 49417  
Phone: 616 850 0338  
info@independentstrides.com  
www.independentstrides.com

HALLE IS USUALLY CONFINED  
TO A WHEELCHAIR.  
YET TODAY,  
SHE DID SOMETHING  
EXTRAORDINARY...



SHE RODE

“Riding a horse often provides unique and profound therapy for many people. The Independence™ saddle offers a new way for the rider with severe multiple impairments to participate and to do it independently.”